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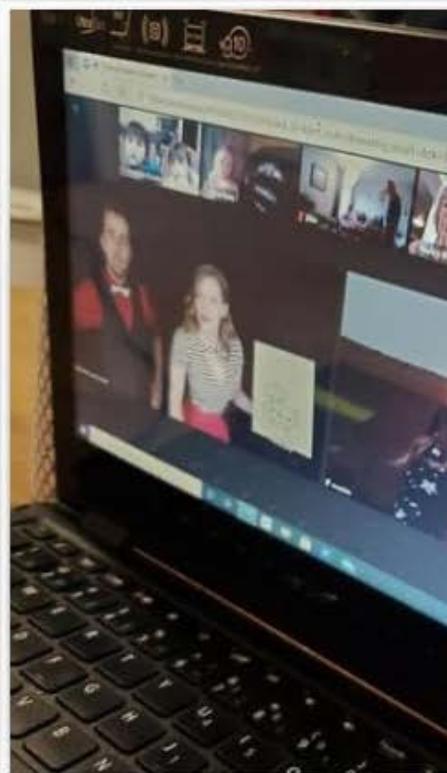
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BINGWI NEYAASHI ANISHINAABEK SANDPOINT FIRST NATION



SPRING NEWSLETTER 2021



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CHIEF AND COUNCIL VISION



Our Vision: A Message to the Membership from Chief and Council

Hello, Boozhoo to all members of Bingwi Neyaashi Anishinaabek! We hope that you and your families are doing well and keeping healthy during this difficult Pandemic. The most important thing right now is that you remain vigilant and safe, as the vaccination program is ramping up. We encourage all members to get your vaccination when you have the opportunity so that you and your families remain safe from COVID-19, and so that life can get back to normal as soon as possible.

On February 20th, the membership elected a new Chief and Council. Paul Gladu, who was previously your Chief for 12 years until 2012, was once again elected Chief. Lillian Calder was

re-elected to Council for her 3rd consecutive 4-year term. And Tracy Gibson was elected to Council for the first time. Together, BNA's new Chief and Council is working together, collectively, to make the best decisions possible for the betterment of our community. While we may not always agree on every issue, when we end our meeting we leave as one, agreeing on the path forward and defending our decision whether we supported it or not. That is what true consensus looks like, and how we will continue to operate going forward.

Since our election, it has been a whirlwind of meetings, getting up to speed on many issues, and ensuring a smooth transition. Over the last few weeks, we have been approached by several members asking what our vision is for the next 4 years. How will we move BNA forward? What projects will we focus on?



Councillor Lillian Calder (left), Chief Paul Gladu (middle) and Councillor Tracy Gibson (right) at EMS Protest in Beardmore, March 3rd, 2021

CHIEF AND COUNCIL VISION



To start, it is important to send a clear message to all members: As Council, we believe it is our job to continue to build on the good work we have done in our past, and to continue to move the First Nation forward in the right direction. We should continue the positive path that the community has been on now for over a decade, while improving on those areas that require improvement.

Firstly, our most important and number one focus for this new Chief and Council is you: the members of BNA. We have an incredibly talented and hard-working community. We have people in professional fields, skilled-tradesmen, and business-owners that can all help in the re-building of this First Nation. We plan on carrying out a comprehensive “Skills Inventory” over the next several months that will help us gather this important information from our members. Likewise, we want to work more closely with our members on the development of our Community. We will be looking for BNA members to join various Committees that we are instituting: Housing, Lands, Finance and Comprehensive Community Planning, are just a few of the areas we are looking for the participation of the membership. We also believe in providing appropriate honoraria for the participation of our members on these Committees and Boards. Your time is important and valuable and should be recognized accordingly. We also want to hold community meetings again with our membership. If this is to be via zoom or another method during this Pandemic, so be it, but we cannot continue to go months, even years, without getting together to discuss important matters with you. We will do what we need to in order to get this underway. And we will work every day to find opportunities for employment for members, with BNA/Papasay where possible, as well as through our various partnerships and entities whenever opportunities arise.

Secondly, the most important on-reserve developments currently being undertaken is Housing. We will soon be putting forward our process for both the 3 individual homes being finalized soon, as well as for the 3 new homes that are to be constructed this year, for year-round living. These applications will be fairly scored on a variety of criteria. The most important of which is that those members being provided an opportunity for a home on the land are committed to living in the First Nation, and ideally is working for the First Nation, year-round. We are not developing seasonal homes, nor are we building “free homes” for members (there is no such thing). We are developing a community, a community that was once destroyed, and that we now have an opportunity to build the right way from the start. Important to this new Council is that the BNA Pioneer – Art Gladu – that lived in his trailer on the land year-round in -40C winters while running BNA’s only operating economic driver, the Sawmill, is given the first opportunity for a home on the land. Art has paid his dues, and as the Director of Public Works on the land, has ensured that our developments at BNA have been able to move ahead. It is important for members to know that we are continuing with our home building, and 3 more individual 3-bedroom homes are being built in the 2021 year. By this time next year, BNA will have 10 homes and duplex rentals constructed, and hopefully will be soon ready to be connected to a biomass district heating system. We are also looking at options for a new “Elders Complex”, where BNA’s Elders will have an opportunity to return to the land for their final days, and to be comfortable in their homeland.

CHIEF AND COUNCIL VISION



Thirdly, Chief and Council will continue to move forward with the numerous positive developments both on and off-reserve. On the land, BNA will be finishing off its main Copper Thunderbird access road through the capping of the road with our recently crushed aggregates in the Papasay quarry. We will also be moving ahead with our 3-phase transmission line project from the Hwy to Phase 1 Housing area this summer. We are simultaneously working for fiber optics to be put on this line to ensure adequate communications for BNA. We are also accelerating our Sawmill expansion project. With funding from NRCan, we are purchasing a planer/moulder, dust-collection system, and kiln-chamber so that BNA can finally say that we are producing our own wood at our own Sawmill to build our own homes. We will also soon be ensuring that our neighbouring First Nation communities that are also building homes have an opportunity to purchase their lumber directly from Papasay. And this will also ensure that additional employment will come to the community for members looking to return to the land. BNA will also be commencing its greenhouse operations on-reserve, as well as partnering with Roots-to-Harvest helping to start the greenhouse on the land, as well as additional gardening and food-sovereignty opportunities in Thunder Bay.

Fourthly, we will continue to enhance our Family Well-Being and EarlyOn programming for our members. Our renovations are continuing at the Van Norman building, and our members will soon have a new and comfortable space to use once again. Our on-reserve Health Center will soon be open for weekly visits by health staff, and we will be providing these services to the region in the process. We have instructed our Health Department to ensure that members who are in the most need continue to have access to groceries, and that we assist our members that require an extra hand, especially during this incredibly difficult time. Our culture, traditions and language will continue to guide us in our efforts.

Finally, and most importantly, it is time to bring the membership together, as one community. The days of the "Hatfields and McCoys" is over. All of us in this First Nation – all of us – are one family, and need to stop dictating our politics based on the past. Our young people are not interested in these old battles and arguments. They want us to move forward and deal with the important matters of the day. Therefore, we would like to start: we want to commend the previous Chiefs and Councils of BNA for their hard work and dedication to the development of this First Nation. It is impressive how far we have come. We will continue to build on these successes for the benefit of all BNA members.

We encourage all members to reach out to assist us in the development of our First Nation. You all have skills, ideas and energy that we can utilize to in our development. We cannot do this without you and your support. And we promise to work as hard as we can every day to develop our First Nation and bring our community together.

Miigwetch everyone!

Chief Paul Gladu, Councillor Lillian Calder and Councillor Tracy Gibson

DIRECTOR OF FINANCE AND OPERATIONS



Hi everyone,

Congratulations and welcome to our new Chief & Council who were elected on February 20, 2021. We are excited about the next 4 years and continuing the progress that has been made in developing the Land, pursuing economic development activities, supporting our members, and growing the First Nation.

As many of you know, the District of Thunder Bay and Northwestern Ontario have experienced a significant increase in the number of active COVID cases and our region is currently in the “grey” “lockdown” zone. As a result, most of our employees are working remotely, and our offices accommodating members and visitors as much as possible to help mitigate the spread of the coronavirus. Please note that you can still connect “virtually” with a member of our team by contacting Audrey Mandula, our receptionist, at the following email address: amandula@bnafn.ca and she can direct you to the appropriate person.

We continue to work and develop our relationship with the First Nation’s Financial Management Board (“FN FMB”) as a result of our recent success in being awarded a “financial performance certificate” with the FN FMB. We are one of only a small number of First Nations across Canada that have achieved this level of recognition and financial standing with the FN FMB. This financial certification has granted us access to the First Nations Financial Authority (“FN FA”) so that we can obtain financing at very favourable terms. It has also allowed us to achieve a preferred level of status with one of our primary funders, Indigenous Services Canada (“ISC”). Our goal is to eventually achieve the next level of financial certification with the FN FMB as this will open the door to additional opportunities for funding, financing, and growth.

In February, we were invited to participate in the “First Nations Leading the Way” conference which was hosted jointly by the FN FMB, the FN FA, and the First Nations Lands Advisory Board. We learned how these organizations are supporting First Nation governments in building strong and resilient communities and we continued to build our relationships with these organizations. It was exciting to hear how First Nations are expanding jurisdiction, thinking outside of the box, and working hard to ensure economic success for their communities.

We are heading into our March 31, 2021 year end, an extremely busy time of the year for all of us. Normally by the Fall 2020, we would have already presented our audited consolidated financial statements for the prior year, the March 31, 2020 year end, to our membership in person. Unfortunately, the pandemic has prevented us from doing this in person.

DIRECTOR OF FINANCE AND OPERATIONS



Most importantly, we received a “clean” audit opinion from our external auditors, MNP, on our consolidated financial statements for the March 31, 2020 year end. This is great news and something to celebrate. MNP also carries out work on all our subsidiary companies and partnerships. This includes Papasay Value Added Wood Products LP which operates our Sawmill on the Land; 2626189 Ontario Limited which functions as our real estate company and owns the office buildings on South Court Street and Van Norman Street in Thunder Bay; and Papasay Management Limited Partnership which owns and leases heavy equipment. The bottom line is that BNA is in a great financial position. And we promise to hold a ‘virtual’ AGM within the next 3 months to go over our last audit in greater detail.

As we look ahead to the Spring, this is an exciting time for the First Nation as it continues to grow and prosper. The team at BNA is working hard to build a strong and resilient community and ensure its future economic & financial success.

Angie Maltese
Director of Finance & Operations



BNA'S DEVELOPMENTS



Greetings BNA members! It has been an incredibly busy few months, to say the least. The BNA Economic Development, Infrastructure, Energy, and Planning staff congratulate the new Chief and Council on their election victories, and we look forward to working with both the leadership and membership to continue moving BNA and its developments forward. We'd also like to welcome Laura Airns, BNA's new Associate Director, and Louise Esquega, BNA's new Governance Coordinator, to the team! I'm always available and happy to speak with you about any of our developments. You can reach Jordan Hatton, Director of Economic Development, anytime by phone at (807) 472-9619, or by email at jhatton@bnafn.ca

Papasay Sawmill Expansion

BNA has received equipment funding from Natural Resources Canada and has applied for top-up funding from NADF, in order to ensure that we can produce our own dressed, dried lumber for use in our own homes. This means some immediate equipment purchases so that we are able to plane and mould our lumber – with all necessary accessories like dust control – and then work on the ability to dry our lumber in a future kiln chamber. Along with this equipment upgrade, we will also be continuing to pursue the funders for our large-scale expansion and completing a comprehensive marketing study so we can confirm the market for our expansion. This work will be ongoing this spring and summer. We hope to soon be able to hire additional BNA members to work at the facility.





Comprehensive Community Planning

Comprehensive Community Planning is designed and intended to bring members of the community together and contribute to a collective understanding of where we have come from, where we are, and where we intend to go. Covid-19 has presented many challenges to the way we normally conduct these sorts of processes. It means, that for the time being, we can no longer meet in large groups or gatherings. Working with Nookiwin Tribal Council, NADF CCP Advisors and within our own team, we have devised means of continuing with the important work being done in Comprehensive Community Planning.

Soon, you will receive notice regarding a virtual working committee to be comprised of community memberst. This working committee will participate in planning discussions through virtual meetings, contributing to the discussion in areas such as Housing, Lands and Environment, Infrastructure Development, Economic Development, Governance, Administration and Finance, Community Wellness and Health, History and Culture and Territory. The content of the discussion will then be shared with the rest of the community to respond or further contribute with their own insights and knowledge. Watch for the notice coming out soon!





Housing



BNA will complete the construction of the new three single-family dwellings very shortly. These homes are both beautiful and green. With great views of Lake Nipigon. The construction of these has been going well in spite of COVID-19 disruptions to the supply chain and will be ready for occupancy soon.

BNA's additional housing plans for this year includes building three (3) additional single-family dwellings, which will be ready for next Spring. The new homes will, as usual, have wells installed into a high-quality aquifer, septic field, and will have its own shed. The Phase One Housing Area will be filling up shortly in the next couple of years and this will be the first subdivision in the community. The process for members to apply for all of these new homes will be sent out very shortly.

Food Security

BNA's new greenhouse building is complete. This summer, raised will be completed this month. Then, this summer, raised garden beds will be completed outside of the main structure, which will create an outdoor gardening space for BNA at the community. This will allow BNA to enhance its food security and sovereignty.

This summer, BNA will look to pursue additional funding to see if this greenhouse can be enhanced and improved to allow for the growing of food year round. If possible, this will be done at a very small scale to start but will signify a very large step towards self-sufficiency by providing additional support to community stability and environmental sustainability.





Renewable Energy and the BNA Community Energy Coordinator

BNA has completed the biomass heating system and fuel processing facility at the Papatay Value Added Products Sawmill. As well this month, BNA will receive a mobile chipper unit with many attachments and accessories for the community's use. Attachments include a chipper, bucket, forks, log trailer, and grapple arm. This will allow BNA to produce biomass fuel which can be used with environmentally friendly heating systems and incorporated into community buildings. This fuel can also be marketed to the region in the future, allowing for more economic opportunities.



The Community Energy Coordinator is continuing to look for energy funding for several BNA initiatives, including potential solar panels either via roof-top or pole-mounted. Solar power is still being pursued with BNA actively looking at options to incorporate this renewable energy source in an economically feasible way. Other activities including looking into climate change funding opportunities, working on telecommunication matters, and completing the BNA Energy Plan, which was recently finalized. Energy Audits for members will commence as soon as it is safe to do so.

Three Phase Power

BNA has received funding through Indigenous Services Canada to construct a new 3-phase transmission line from Highway 11, down Copper Thunderbird Road, and into the Phase One Housing Area. The location and design will both allow for future connections to reliable power at key community development areas and open the door to running a fibre optics line into the community.



Thunder Bay Office Improvements

BNA is continuing with its renovations at Van Norman. These improvements will allow for BNA to provide enhanced services to the Membership with an expansion of the EarlyOn Centre and the establishment of Child and Advocacy services. Other projects at Van Norman being evaluated right now include roof repairs and window improvements.



Waste Management

As BNA's development progresses, the issue regarding how solid waste will be managed is one that must be addressed. BNA recently applied for funding that would finance the first step in the design of a Waste Transfer Station. If approved, this will provide a centralized location to drop off waste and divert hazardous and recyclable materials from the general waste stream. Protecting the environment at BNA for future generations is of critical importance as we develop our land.





Pit/Quarry Development

BNA's aggregate pit has undergone some major changes and developments. This has included clearing bush, and crushing and stockpiling aggregate. Last year, 5,000 m³ of Granular A and 11,000 m³ of Granular B were stockpiled at the quarry, located 3 km north of the entrance to BNA.

The next steps being examined include doing an engineering study of the materials in the quarry, as well as a feasibility study and business plan by financial professionals. BNA and Papasay will also need to acquire additional equipment, including a gravel truck, scales, and crusher, with the hope of developing this as an economic catalyst for the community.





Update from Director of Public Works: Art Gladu

Firstly, I would like to congratulate the new Chief and Council on their success and am looking forward to working with them.

Since our last Newsletter, our on-reserve population has grown, and we have survived our first winter as a community. Because of the Covid situation that is affecting everyone, it has been quiet down on our land. Therefore, once a week we have a community dinner at each home. Awesome spaghetti Uncle Joe!

The three new single-dwelling homes should be ready by the end of March 2021. BNA will then be starting three more new-builds this summer in our community.

Our sawmill has been running year-round since we first started-up in August 2017, and we are currently employing three workers. We have had several large orders from Valard Construction and Resolute Forest Products. At the same time, we have supplied lumber for our neighbouring communities, as well as our own community.



We have installed water and a septic system which also supports our health center. This makes our workers happy here, so no more "blue room". Our boiler system, which was installed in February of 2020, was also a huge asset for our Sawmill facility as well as for our workforce.

BNA'S DEVELOPMENTS



Our gravel pit – which has since been converted into a rock quarry – is going to provide aggregate material for our community roads, as well as to new customers. Also, our quarry will provide more employment for our members through the loading and hauling of material.

Our community roads have been upgraded over the past few years, and this summer they will be resurfaced with our recently crushed “A” gravel to make the roads smoother and safer to drive on. BNA has also purchased a new plow truck with a sand spreader in the box to ensure our roads are opened and maintained throughout the winter months. The sanding unit can be easily removed, meaning the truck can then haul our material out of our quarry and deliver it to wherever it is needed.



FAMILY WELL BEING & EARLYON CENTRE



Boozhoo,

Hope this newsletter finds you and your loved ones safe and well. It is hard to believe we are nearing the beginning of Spring!

At the BNA Family and EarlyOn Centre community programming and outreach have always been the focus of our staff. Although for health and safety reasons we have been prevented from gathering in the usual manner, we have been providing virtual programs and contactless outreach of materials and resources within our community and beyond. It is our mission to ensure members of the community are informed about our Family and EarlyOn Centre and that everyone feels welcome and has access to our services. Even if you do not reside in Thunder Bay, we are encouraging you to reach out to one of our staff as we would love to hear from you. Both our Family and EarlyOn programs are designed with the overall well-being of children and their families in mind.

It is with great excitement that we announce that we have started to build our BNA Child and Family Advocacy program. We have recently welcomed Glenda Takalo as the first member of the team. Glenda brings 20 years of experience working within child protection services and she will be working as our BNA Family Representative. We understand the importance of family unity as we believe thriving families are the foundation of a vibrant and healthy community. We know our children are our future, and the children in our community deserve to have a team dedicated to their well-being. We are also very pleased to announce some other positive changes at our Family Centre. Lindsey Gladu is doing an outstanding job working as our new Family Well-being Worker and our esteemed Family Wellness Worker Karen Williams is now the Coordinator for our EarlyOn centre. We also have Jill Riley, previously our EarlyOn Child Wellness Worker is now our new Child and Youth Worker for our Family Well-being centre and we could not be happier seeing her doing amazing work with our children and youth. We are also so very pleased to have our remarkable Tashia Smith-Ennis as our Home and Community Care worker. In just a short time with BNA she is proving herself to be an integral part of the BNA team. I would also like to say miigwetch again to Carl Gibson for helping to deliver resources to members that sign up for programs. Carl goes above and beyond to help get food and program materials to participants/members and it is greatly appreciated.

FAMILY WELL BEING & EARLYON CENTRE



Finally, another exciting announcement is that the renovations are near completion at 215 Van Norman, and once finished we will have increased capacity and programs for our membership. The BNA Health department will be moving into the building as well and will be fully accessible. We will also be unveiling a beautiful Elders/Seniors area that all Elders and Seniors are welcome to utilize once COVID restrictions are lifted. We are also very happy to be expanding our EarlyOn centre to allow for increased space to support early learning in children through play and exploration. I am delighted to say that 2021 will be filled with many new positive changes for our BNA Family Well-being Centre and as always, our mission will continue to ensure that all BNA members receive consistent and reliable programs and services that will help to support them in their journey. We believe the best way to achieve this goal is by engaging with community members to gain an understanding of programs and services that will suit their needs. As we move onward together into a new year, we look forward to seeing you and we wish you all a very safe and wonderful Spring season!

Miigwetch
Camille Borysewicz

Boozhoo everyone!

All the staff here at the Family Well-Being Centre are sure excited to say hello and welcome you all into the new year. 2021 is full of great changes and growth. Since January we have had many wonderful nights together. Kid's Nights, Youth Nights, Family Nights, Adult Wellness Nights, and 55+ Nights. We have a night for everyone!

Kid's Nights are always a blast. It has been great seeing the kids joining in on all the programs. We have had so much fun making home-made edible playdough, playing bingo, taking part in the Science North Animal Show, and building bird houses for our feathered friends. We encourage all kids to come out and participate in a night full of fun, laughter, and creativity.

Our youth nights have been a lot of fun too. We have tested their knowledge with trivia as well as testing their detective skills in an online escape room. We have also explored a few other virtual platforms to play online games. We have some fun programming coming up in the next month, be sure to keep an eye on the page so you do not miss out.

Every Thursday our Family Nights are a huge hit! Each week we have something new planned for you. We have had a great turnout with our movie nights, Kahoot Trivia, take-home science kits from Science North, Minuet to Win It as well as Trivia hosted by Chris Sugarman Barstow.

FAMILY WELL BEING & EARLYON CENTRE



Our 55+ Nights have been a great way for our older generation to connect with one another. Times are changing and they have adapted so well with it all. It is great to see their smiling faces and hear their laughter.

We have had the pleasure to partner up with Dave from Science North. Dave has shown us so many cool science experiments, a few snakes, some turtles having their nighttime snack, as well as how to take apart a windup toy to see how it works inside. We were able to take part and do some science experiments at home with our home-made harmonicas, instant snow, and owl pellets. In the next coming months, we have more amazing and cool programs from Science North, make sure to keep an eye on our upcoming calendars so you do not miss out.

Another great partnership we have started is with Kim McGibbon over at Roots to Harvest. In March we had Kim and Murph cooking in the kitchen, showing the families how to make homemade spaghetti and meatballs. It was delicious! It was so nice to see all the families coming together to cook and feast with one another, all virtually of course! We look forward to the day when we can sit down and feast together again.



Boozhoo,

My name is Glenda Takalo, I am the Family Representative for Bingwi Neyaashi Anishinaabek. I am accountable to the community in the areas of coordinating, developing, and administering the Child and Family Advocacy Program.

I bring to this role professional knowledge ensuring the rights of children and families are respected through consultation and advocacy. It is imperative that children, youth, and families are not only included in planning but are engaged in a collaborative process to ensure the best interest of children and families are met.

I can provide one-on-one consultation, mediation, training, programming, advocacy, referrals, and services in the areas of child welfare, mental health, addictions, housing, justice, and much more.

To ensure your family or individual need for supports is met; you can reach me at gtakalo@bnafn.ca or (807) 476-7176.

Miigwetch
Glenda Takalo

FAMILY WELL BEING & EARLYON CENTRE



Greetings Everyone,

Well, it has been some exciting few months, getting to know everyone and learn the ropes amongst the COVID storm. I am happy to say I have been able to connect with a lot of you over the phone, virtually, or even in person and it has been my pleasure!

With some assistance, we have met through some fun and interactive programming where we joined together to pamper ourselves during Spa Night, stretch & Zen-out through Yoga, laugh till our sides hurt with fun Comedy, wrack our brains during Trivia, enjoy lots of yummy food, and get to know each other via some cozy virtual visiting. I hope you have enjoyed them all and they have brought some wellness into your life. I am always open to suggestions and feedback so please do not hesitate to let me know if you have anything in mind you would like me to look into for future programming for Adult wellness and 55+ nights.

I am on an ongoing path of learning and developing through various educational programs & courses, but mostly from the important and authentic interactions with you. I am working hard to support, advocate and network resources so they are accessible and user-friendly. We have made positive impacts and had successful outcomes for members, and it is my mission to continue!

I am so honoured to be working for the BNA community, and particularly as part of The Family Well Being team who is an amazing team of ladies that have shown me strong leadership, an abundance of support and guidance for which I am so thankful! I hope we can in turn bring it back to you through the best programs and community resources as we future on together!

Stay safe and, keep your masks on, do not go out if you do not need to, and wash your hands!
With Care,

Tashia Smith-Ennis
Home and Community Worker
Bingwi Neyaashi Anishinaabek

FAMILY WELL BEING & EARLYON CENTRE



Boozhoo,

The last few months have been very busy for the EarlyON Centre. We created partnerships with ONWA, FRONTIER COLLEGE, and ANISHINABEK NATION. We offered a lot of great programming and provided kits and supplies for each family. We shared the "Creation Story" and discussed the importance of where we come from as Anishinaabe People. The children really connected with that and became very fond of the Muskrat. Our 6-week Traditional Parenting was a great success as well and we had families from all over Ontario join in. With such a great response and so much to learn, we have decided to create a new program coming in April/May which continues to focus on the teachings of the Anishinaabe culture and traditions. We have families attending daily via zoom or Facebook and have become familiar with the children's likes and interests. Following the Pedagogy "How Does Learning Happen", we have a better understanding

of how to develop programming and spark the family's interests. We have new families joining programming as well and continue to find creative ways to keep them engaged. Throughout March and April, we will focus on a more interactive hands-on approach to programming and so far, the families are liking it. They continue doing the activities at their own time and have emailed pictures and shared their AHA moments with us.



Signing up for everything. Lol. Helping me keep my sanity during Covid. I look forward to these activities

We are so thankful to Lindsey and all the staff from the Wellbeing Program for their dedicated work in bringing together our community virtually. As we reside out of province, being able to participate and connect with others from BNA is the highlight of our week. We truly appreciate the extra effort it takes to get us our activity supplies and prizes. Miigwetch from Lonnie, Allie and Tom in Gatineau, Quebec.

The BNA Family Well-Being Centre Staff have truly embraced the Covid-19 pandemic situation and created ways to bring our community closer together. I have aging parents and/or schedules that make it difficult to attend much of the events in person. By having the Zoom meeting events my parents and I are more involved and experiencing more activities. Come Zoom into the meetings. Thank you BNA Family Well-Being Staff!



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